

healthyish toasted SANDWICHES

served on your choice of sub roll:
our own signature multigrain or classic semolina
gluten-free ciabatta +1

TURKEY MEATBALL SUB 12

gf turkey meatballs in classic sunday sauce, provolone, parmesan, basil oil, baby arugula

MUSHROOM CHEESE "STEAK" 13

truffled roasted mushrooms, provolone, cacio e pepe sauce, caramelized onions, roasted red peppers

LUNCHBOX SPECIAL 14

our own maple turkey & thick-cut turkey bacon, cheddar, avocado mash, pickles, lettuce, tomato, vegan avocado ranch

BROCCOLI CHEDDAR MELT 12

crunchy broccoli, cheddar, turkey bacon bits, melty cheese sauce, caramelized onions, toasted gf breadcrumbs

CHICKEN PESTO BURRATA 14

marinated & grilled chicken breast, basil pesto, whipped burrata, roasted red peppers, tomato, sauteed spinach

BUFFALO CHICKEN 13

gf baked chicken cutlet, vegan buffalo sauce, bleu cheese crisps, pickled carrots & celery, lettuce, tomato, vegan avocado ranch

SPICY EGGPLANT PARM 12

gf baked eggplant cutlet, whipped burrata, marinara, parmesan, calabrian chile oil, toasted gf breadcrumbs, baby arugula

THE WILD BIRD 13

grilled chicken, turkey bacon bits, caramelized onions, provolone, lettuce, tomato, hot cherry peppers, vegan spicy secret sauce

THE REMY (vegan) 12

roasted red peppers, eggplant cutlet, caramelized onions, basil oil, cherry tomatoes, zucchini pickles, spinach, toasted cannellini spread

SANDWICH ADD-ONS



grilled chicken breast | baked chicken cutlet | maple turkey +3
turkey bacon | truffled mushrooms | avocado mash +2
cheddar | provolone | whipped burrata | parmesan +2
extra veggies +0.50 each

SALADS



GREEN GODDESS CAESAR SALAD 11

romaine, parmesan, marinated cherry tomatoes,
gf parmesan croutons, green goddess caesar dressing

BUFFALO CHICKEN SALAD 13

gf baked chicken cutlet, bleu cheese crisps, romaine,
pickled carrots & celery, vegan wing sauce dressing

PESTO CHICKEN SALAD 14

grilled chicken breast, whipped burrata, baby spinach & arugula,
marinated cherry tomatoes, crunchy broccoli, pesto vinaigrette

SALAD ADD-ONS:

grilled chicken breast | baked chicken cutlet +3
turkey bacon bits | avocado mash | truffled mushrooms +2
whipped burrata | parmesan +2
extra dressing +1 | extra veggies +0.50 each

ON THE SIDE



MAC & CHEESE & PEAS 5

gf cavatappi, toasted gf breadcrumbs, cheddar, colby, english peas
add turkey bacon bits +1

TURKEY MEATBALLS 7

braised in marinara, parmesan, arugula

CRUNCHY BROCCOLI 4

vegan avocado ranch, toasted gf breadcrumbs

KOSHER DILL PICKLES 2

two classic spears, brined in-house

CAPE COD POTATO CHIPS 3

kettle-cooked with sea salt

OATMEAL CHOCOLATE COOKIE 1 for 4

gf rolled oats with our own chocolate-hazelnut swirls 3 for 10

KID'S MEAL (up to 12 years old) 10

choice of baked chicken cutlet or turkey meatballs
with mac & cheese, roasted broccoli, and mott's apple juice

special PACKAGES

TREAT YO'SELF +6

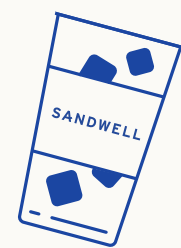


add cape cod chips, kosher dill pickles, and choice of beverage* with your sandwich or salad
*+1 for juice or coconut water

go ahead & treat yo'self today

SANDWELL HAPPY HOUR

2-for-1 ALL BEVERAGES



from 3-7 PM daily

with the purchase of a sandwich

HOST WITH SANDWELL

let sandwell take care of your next gathering big or small. office lunch? big game? community meeting? we've got you covered! inquire in-store, order online at order.getsandwell.com, or email hello@getsandwell.com to get started today

BEVERAGES



STUMPTOWN ICED COFFEE 4/5

STUMPTOWN HOT COFFEE 3/4

ORGANIC BLACK ICED TEA 4/5

MIGHTY LEAF HOT TEA 4

organic breakfast | green | berry hibiscus

JUST SPRING WATER 3

SARATOGA SPARKLING 4

SPINDRIFT JUICE SELTZER 4

grapefruit | pineapple

POPPI PREBIOTIC SODA 4

vintage cola | orange soda

NATALIE'S FRESH OJ 5

MARTINELLI'S APPLE JUICE 5

HARMLESS HARVEST

COCONUT WATER 5

must be 21+ years old to purchase alcoholic beverages

GREENPORT BREWING HARBOR ALE 6

SLOOP BREWING JUICE BOMB IPA 6

HUDSON NORTH HARD CIDER 7

TWO ROBBERS ORANGE MANGO HARD SELTZER 6

ARCHER ROOSE, SAUVIGNON BLANC 9

ROSE ALL DAY, PROVENCE 9

PRISMA PINOT NOIR, CASABLANCA VALLEY 10